

LGBT Services

Services run for LGBT people offer specific advice and support, are often staffed by LGBT people and many find these services preferable due to the empathy and understanding of the staff.

North London Line offers advice and runs several youth groups for LGBT people. You can get information by phoning 0207 607 8346.

Pace also runs 2 youth groups in Highgate. **Girl-Diva**, for women on a Monday evening and **Outzone** for men on Fridays. Telephone 0207 700 1323 for details.

The House, St Anns Sexual Health Centre at St Anns Hospital in N15 offers advice and support in sexual health-telephone 0208 442 6536.

You can also get lots of information and advice from **The Gay and Lesbian Switchboard** on 0207 837 7324, which runs 24 hours a day and will be able to help with all types of enquiries.

And of course your SHO will be happy to help you find out more about the many groups and services too numerous to mention here.

Emergency Numbers

In an **emergency** the following numbers may be useful:

For **gas** leaks and other problems call Transco on 0800 111 999

Electricity problems should be reported to Eastern Electricity on 0800 783 8833

Emergency repairs should be reported to Circle 33 Maintenance on 0845 7697 695

Stonewall Housing

Telephone 020 7359 6242
Minicom 020 7359 8188

Facsimile 020 7359 9419
Advice Line 020 7359 5767

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2a Leroy House, 436 Essex Road, London N1 3QP



local services guide



Securing safer spaces for LGBT People

www.stonewallhousing.org



Introduction

This guide is a supplement to your Supported Housing Handbook and in it you will find information on local services including benefit offices, advice and drop in centres, education and training, health services, police stations, post offices, libraries, places of worship, leisure, transport, and services specific for lesbians, gay men and bisexual and transgender people.

The Highgate scheme is located within the borough of Haringey and is in an area many consider to be one of the most picturesque in London. Famous for its cemetery, Highgate borders Hampstead Heath, one of London's most famous natural parks and home to Highgate Ponds, which are divided into male, female and mixed pools. You can even swim year round if you're keen!

Haringey, one of London's 32 boroughs is located in the north of the capital and home to 225,100 people-over half of whom come from ethnic minority backgrounds and with about 160 languages known to be spoken.

Haringey is also home to Alexandra Palace, Tottenham Hotspur Football Club, the shopping centre of Muswell Hill, the restaurants of Crouch End and much more.

This information was collated in August 2004 and will be updated annually. If you have any suggestions for the next edition please let your Supported Housing Officer know.

Benefits

Benefits advice is easily obtained from your local Jobcentre Plus, which offers advice on Jobseekers Allowance, Income Support and other Social Security benefits.

Jobcentre Plus-Highgate
1 Elthorne Road
London
N19 4AL
0845 377 0002

Housing Benefit
Benefits Service
London
PO Box 10505
Wood Green
N22 7WJ
Telephone Enquiries 0208 289 0000



Leisure

Haringey has a number of leisure facilities, check which is best for you.

The New River Sports Centre at White Hart Lane offers athletics tracks, football pitches and a fully equipped gym with a programme of fitness classes
0208 881 2323

Park Road Swimming Pools in Hornsey also has a gym, saunas and classes in yoga
0208 341 3567

It's best to call as there are other centres that may suit you more. Regular users can purchase "The Eazy Card" which gives savings for a monthly fee.

Highgate has easy access to the **clubs and bars** of central London, but there are also some excellent venues in the local area.

For a typically English "country" pub, try the **King William IV**, 75 Hampstead Lane, NW3
0207 435 5747

The Black Cap at 171 Camden High St
0207 428 2721

is another traditional pub with an infamous history and very popular.

Full listings of pubs etc can be found in the gay press, and there are many places that have one or two nights a week that are LGBT. Your SHO will also be able to help you find suitable social activities that met your needs.

Transport

Highgate tube station, on the **Northern Line**, is the nearest underground station.

Bus routes are also good—with links into central London and a regular night bus. For more specific information call **London Transport** on 0207 222 1234

If you ever feel the need to be more extravagant, Liberty Cars provides a gay-friendly **taxi service** on 0207 739 9080



Places of Worship

Haringey has a huge range of religious communities and places to worship, reflecting the diversity of the borough. Your SHO will help you find the most suitable for you if you would like.... Below are just a few.

All Saints C of E Church, Church Rd, N6 4QH
0208 340 1123 **Church of England**

Highgate Synagogue, 57 North Rd, N6 4BJ
0208 340 7655 **Jewish**

Highgatehill Murugan Temple, 200a Archway Rd, N6 5BA
0208 348 9835 **Hindu**

St Josephs R C Church, Highgate Hill, N19 5NE
0207 272 2329 **Catholic**

Heruka Buddhist Centre, 13 Woodstock Rd, NW11 8ES,
0208 455 3491 **Buddhist**

Muswell Hill Baptist Church, Dukes Ave, N10 2PT
0208 444 7027 **Baptist**

Islamic Cultural Centre and London Central Mosque, 146 Park Rd, NW8
0207 724 3363 **Muslim**

Sikh Sanga Gurdwara and Society, 68 Gloucester Drive, N4
0208 800 7233 **Sikh**

Advice & Drop-In Centres

Your Supported Housing officer can help you access advice on a wide range of issues. Below are local advice centres that you may find helpful.

LB Haringey One Stop Shop, Ground Floor, Wood Green Central Library,
High Road, N22 6XD Telephone 0208 489 2595
Information and access to all of Haringey's services including training, education grants, GPs, drug and alcohol services etc. Call in or phone Mon to Fri 9am-7pm.

Hornsey CAB-Citizens Advice 7 Hatherly Gardens, Crouch End, N8 9JJ
0870 126 4030
Provides advice on a wide range of topics-call in or phone to make an appointment and confirm opening hours.

Jacksons Lane community Centre, 269a Archway Road, N6 5AA
0208 340 5226
A fabulous community centre in a converted church that boasts numerous activities such as dance, drama and art courses as well as a theatre and vegetarian café!
Always a lot going on and definitely worth a look.

Education & Training

Doing a training course or furthering your education can have lots of benefits, including helping you to find employment and improving your self esteem. Your SHO will assist you to find the most appropriate for you; other places to visit are:

Learning and Skills Council, Dumayne House, 1 Fox Lane, N13 4AB.
0845 019 4158
Plans and funds education and training including further education based learning.

College of North East London, Tottenham Centre, High Rd, N15 4RU
0208 802 3111
Vocational, recreational and general courses as well as New Deal Training and employability skills. Learning support available.

Connexions, 560-568 High Rd, N17 9TA
0208 808 333
Helps those under 19 years of age with guidance on career and work opportunities.



Health Services

It is important that you register with a doctor as soon as you are able and GPs in your area include:

Highgate Group Practice, 44 North Hill, N6 4QA
0208 340 6628

Woolaston House Ltd, 25 Southwood Lane, N6 5ED
0208 341 3422

Dr L M J Kinselle, 20 Broadlands Rd, N6 4AN
0208 340 7638

St John Medical Centre, 96 Johns Way, N19 3 RN
0207 272 1585

If none of these surgeries are currently registering new clients then you can call the Find a Doctor telephone service on 0207 655 6688 or email find-a-doc@elcha.nhs.uk

Your nearest Hospital is **The Whittington Hospital**, Highgate Hill, N19 5NF and is part of the Camden & Islington N H S Trust.
0207 272 3070

You should also register with a **dentist** and below are a few in your area:

Dennis Rosen, 82 North Rd, N6 4AA
0208 340 4787

D E Bass, 383 Archway Rd, N6 4ER,
0208 348 1546

Highgate Dental Practice, 224 Archway Rd, N6 5AX
0208 341 1555



Police

You never know when you might need to call the police. Your nearest station is:
Metropolitan Police Service
98 Tottenham Lane, London, N8 7EJ
0208 340 1212

But remember in the case of an emergency always dial 999 and an operator will deal with your call.

If you are the survivor of a hate crime, such as homophobic or racist crimes or domestic violence you can contact **The Community Safety Unit**. The unit is staffed by both male and female officers, who are specially trained to deal with these crimes. They can be contacted on **0208 345 0965**

Post Office

There are many **post offices** in the area, below are just a couple:

H&P Darvill & Son, Highgate near Station Post Office, 361 Archway Rd, N6 4 EG
0208 340 2544

Park Road Sub Post Office, 302 Park Rd, London, N8 8LA
0208 348 4353

Library

Not only do libraries provide a wide range of **books** and resource materials, they can also have CDs, DVDs and even Playstations to borrow, as well as **computers** to use with free internet access and **magazines and daily newspapers**.

There are 10 libraries in Haringey, we haven't got space to list them all, but you might want to try this one out:

Sheperds Hill, Highgate, N6 5QT
0208 489 8772

